

**from 75,** take mitchell avenue exit 6 and travel east.  
go through vine street and continue for several more blocks.  
red bud avenue will be on the right just  
after the sharp bend in the road at the third stop light.



**from 71,** take dana avenue exit 5. travel west on dana.  
go through montgomery and turn right onto Clinton Springs & through reading  
turn right onto mitchell avenue at stop sign.  
red bud avenue will be the next left at the stop light.

**growth in motion studio  
is located on the right side of red bud avenue  
inside the house with the spanish tiled roof  
park on the street**